



# ST. THOMAS ORTHODOX CATHEDRAL - DUBAI **PARISH BULLETIN**



**Vol-6**  
**Issue No.**  
**05**  
**MAY 2018**

*“But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.”*

*St. John 14:26*

for members only



**Rev. Fr. Ninan Philip Panackamattam**  
Vicar & President

---

## **Don't Worry.....**

Jesus had much to say about worry in Matthew 6:25–34. In these familiar verses, Jesus tells us five times to stop worrying. I think he wants us to get the message! He labels worry, or anxiety, as a sign of a faith problem. He forbids anxiety and commands us to be people of faith, Instead of being anxious, we are to fix our focus on God and his righteousness. Verse 34 gives a key to worry-free living: "So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time." Oh it is true—the load of tomorrow added to that of yesterday, carried today, makes even the strongest stumble. The apostle Peter was a worrier. Walking upon the water toward Jesus, Peter became so worried that he began to sink (Matthew 14:30). He worried about who would betray Jesus; he even rebuked Jesus because he was worried that Jesus might have to suffer. It encourages me that Peter, the worrier, learned how to cast his worries on the Lord. "Give all your worries and cares to God, for he cares about you," he says in 1 Peter 5:7. Some of the qualities of a worrier are:

### **The Worrier Strikes Out at God**

Someone might say, "Why make a big deal out of worry? It's just a trivial sin." No, it is not. I suspect a majority of mental illnesses and some physical illnesses are directly related to worry. Many cases of drunkenness and drug addiction are symptomatic of worry. And because of worry, many make foolish life decisions, incurring painful consequences. Worry is devastating. But more important than what worry does to you is what you are communicating about God. When you worry you are saying in effect, "God, I just don't think I can trust You." Worry strikes a blow at the person and character of God.

### **The Worrier Disbelieves Scripture**

It breaks my heart to hear some Christians claim to believe in the inerrancy of Scripture, and then live as perpetual worriers. If you do that, you are saying one thing out of one side of your mouth, and another thing out of the other. It is incongruous to say how much you believe the Bible and then worry about God fulfilling what He says in it.

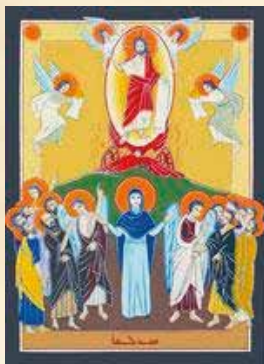
### **The Worrier Is Mastered by Circumstances**

When you worry, you are choosing to be mastered by your circumstances instead of by the truth of God. The vicissitudes and trials of life pale in comparison to the greatness of salvation. Jesus wants you to realize it doesn't make sense to believe God can save you from eternal hell, but not help you in the practical matters of life. The Apostle Paul reflects a similar desire in Ephesians 1:18-19: "I pray that the eyes of your heart may be enlightened, so that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward us who believe." When you catch yourself worrying, go back to Scripture and let God open your eyes again.



## **The Worrier Distrusts God**

When you worry, you are not trusting your Heavenly Father. That means you don't know Him well enough. Take heart-there's an effective remedy: Study the Word of God to find out who He really is and how He has supplied the needs of His people in the past. That will build confidence for the future. Stay fresh in the Word every day so that God is in your mind. Otherwise Satan is apt to move into the vacuum and tempt you to worry about something. Let God's track record in Scripture and in your own life assure you that worry is needless because of God's bounty, senseless because of God's promise, useless because of its impotence to do anything productive, and faithless because it is characteristic of unbelievers. Conclusion: If you're not content with your life the way it is right now, you'll be prone to worry. Ask God to teach you to be content with whatever circumstances you encounter. Focus on the fact that God is always with you, place your confidence in God's goodness, and trust Him to accomplish good purposes through whatever type of circumstances you go through at any given time. Make a habit of noticing the many ways that God is blessing you every day, and then expressing your thanks to God for your relationship with Him and the blessings that He is constantly giving you.



## **Suloqo (Ascension)**

**Feast Day: May 10**

The Lord Jesus passed forty days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the fortieth day after Easter (Kyamto), He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning from Jerusalem. But He also commanded them that for the present, they were not to depart from Jerusalem, but to wait there together until they receive power from on high, when the Holy Spirit would come upon them. Saying these things, He led them to the Mount of

Olives, and raising His hands, He blessed them; and saying again the words of the Father's blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him.

At this point, two Angels in the form of men in white raiment appeared to them and said, "Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven" (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God. Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ ascended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit.

It should be noted that the Mount of Olives is a Sabbath's day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, "A Sabbath day's journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states." They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.



## **Virgin St. Mary of the Harvest**

**Feast Day: May 15**

In origin this is an agricultural feast which arose from the needs of the farmers to seek God's help for a fruitful harvest. The farmers were at the mercy of the elements and depended upon sufficient rain and good weather. As a result they sought God's assistance and begged the intercession of Mary for their crops. Saint Ephrem speaks of Mary in this regard when he says that Mary became of the field who received the grain of wheat in her womb and this grain of wheat, Jesus Christ our Lord, gives life to the world. Through the harvest we receive the gifts of bread and wine which become for us the body and blood of Christ in the Eucharist.



## **Pentecost**

**Feast Day: May 20**

On this day we recall that just 50 days after the Glorious Resurrection and 10 days after the Victorious Ascension of our Lord, the Holy Spirit came upon the Holy Apostles and all those gathered with. (Acts of the Apostles Chapter 2) We celebrate the bringing of the Holy Spirit, Pentecost, the fulfillment of the Resurrection in the heart of man. Christ prophesied it Himself, and the fulfillment we hear in the Acts of the Apostles. Usually, when we have a feast day, the primary reading will be from the Gospel, in terms of the content of the feast, but the event of Pentecost is described in the Acts. 'Acts of the Apostles' is the account of continuation of the history

of Salvation and hence it is included in the New Testament giving next importance to the Gospel. The Ascension of our Lord, the dissension of the Holy Spirit and indwelling in the Church, in the heart of each believers and the early history of the Church are described there. The book is hence also called the 'Work of the Holy Spirit.' The event of Pentecost is the link between Gospel and other part of the New Testament. It shows that the Church is the Church of Triune God; continuation of Creation, redemption in Christ and growing in Spirit.

### **Why it is like a demonstration of the Holy Trinity, why there are three parts for the order of Service of the Feast of Pentecost?**

We worship the Triune God - The Father, the Son and the Holy Spirit. Each of our prayers starts and ends in the name of Triune God - "Glory be to the Father and to the Son and to the Living Holy Spirit, One God for ever and ever." No doubt, we believe in One True God - "The Father who by His grace created the world, the Son who by His precious suffering redeemed the world and the Holy and Living Spirit who fulfills and perfects all that has been and all that will be." The above quoted liturgical passages are the most meaningful explanation why the One True God is worshiped in three Persons. He is the One manifested in three. He is the One who bestowed upon us in three Persons- Creator, Redeemer and Indweller for fulfillment and perfection. This is why He is understood and being referred by the Church in an integrated Triune form - the Holy Trinity. (In classical Hinduism the soundest philosophical definition for God follows: Sat-Chit-Anatam Brahman. Here 'Sat' is the Pure Essence of Creation, 'Chit' the Pure Consciousness of Redemption and 'Anatam' the Pure state of Intelligence - indwelling for fulfillment and perfection. So for an Indian mind it will be much easier to understand the philosophy of One God in Three Persons.)



All the three phases of creation, redemption and indwelling are there from the start of the world itself. But these things revealed to humanity, as according to Christian Faith, in three definite phases, the Work of the Father, of the Son and of the Holy Spirit. In the liturgical year of the Church, which is a depiction of the history of Salvation, these phases could trace as following: The start of first season begins with Sanctification of Church (Koothos Etho), the Redemption through the Incarnation of Christ- the second to fourth seasons- and the Indwelling of the Holy and Living Spirit- starts from the fifth season. This third and final phase starts on the day of the Feast of Pentecost.

This could be the reason why the Fathers of the Church decided to use this wonderful occasion to demonstrate the Holy Trinity. To show and explain it so clearly and to become part of it they, filled with the Spirit of our Lord, designed it in three services of absolute meditation on the Holy Trinity. The history of Salvation is well presented in this canonical liturgy referring to each historical, prophetic and evangelistic writings from the Word of God; with high theological explanations, philosophical reasoning and contemplative meditation. One could see a finite expression of Eastern Orthodox liturgical worship on the Feast of Pentecost. Sprinkling of water is considered in the Church as a symbolic expression of receiving the power of Holy Spirit. Christ said, "If any man thirst, let him come to me and drink," and He said, "Out of his belly shall flow rivers of living water." The Apostle John tells us this refers to the Holy Spirit, Who was not yet given, but He was prophesying of what would happen when it was given. "If any man thirst, let him come to me and drink." The Holy Spirit is available to us, if we thirst. Abundant water, cool water, fresh water. Not water from a cistern, but water from a living spring is available to us, but only if we thirst. If we do not thirst, then the water that we partake of is flat and lifeless and tepid. We must thirst. Thirst for righteousness, thirst for Christ. Then, out of your belly truly shall flow rivers of living water. Think of the image, of what this means. Continual activity, continual purity because water purifies, especially flowing water. It scours the ground, and cleans, takes waste away, continually flowing and purifying and cleansing. This is what happens in the heart of man, but only if we thirst. We must thirst for that good water, the water that Christ also spoke of with the woman at the well. If you thirst, then indeed, you will have living water. "As many as we have been baptized into Christ, we have put on Christ." This putting on is our action, our desire, our continual living in Christ. May it be that we would truly live as Christians. The Spirit makes it possible. It is all there for us. Abundant grace is present, and abundant grace is continually shed upon us. And we would have all of this grace if we thirsted. To the extent that we thirst for things that are not godly, and that distract us, to that extent we don't have this living water.

When he sent His Holy Spirit upon mankind it was so that the things of Christ would be revealed to those who would be willing to listen, and they would become completely alive. Everything would be cleaned; just as water that is rushing, cleans and freshens everything. So that even those parts of us which are dirty, even those parts of us which resist becoming perfected, the Lord will indeed perfect. Water can not be held back when it is in a torrent; everything in its path is pushed out of the way. So it is with the Holy Spirit. But there is a difference: when a flood comes upon us it is not of our own will that the water comes, and the water destroys things that are precious to us. But the flood of the Holy Spirit comes only if we desire it. If, of our will, we desire to follow the things of God, then indeed the torrent will come. The torrent will flow and never end. Anything that is ungodly that is in our way of the keeping of the commandments will be scoured away, will be pushed away, and the water will flow eternally out of our belly, out of every part of us. Now, the Holy Spirit is also fire. Not just water, but also fire; now these are two things that in Nature do not exist together – one destroys the other. But according to God, these things can coexist. Fire burns away that which is trash, that which is unclean. Fire purifies. Fire softens. Fire warms. And we need the fire of the Holy Spirit to burn away impurity in our soul, and we need the warmth of the Holy Spirit to encourage us. He is called Comforter – He comforts with fire; He comforts by warming our hearts, by giving us that sure and certain hope that indeed we can be changed. And He is water, eternally giving us life, refreshment, invigorating us; a spring that never, ever ends. A drought will never come upon he who has the Spirit; fire and water in the soul of a Christian, each



doing their part, each from the same Spirit. The Holy Spirit abides in a Christian. Until the promise was given, the Holy Spirit did not live in men; all the things that were accomplished by the Spirit outside. Even the prophets who spoke by the Spirit: the Spirit did not live in them. He inspired them, and they were still unable to accomplish perfection. But now the Comforter is given to us, and we can become perfected. Anything that is impure, anything that is temporal can all be changed, can become perfected, can become clean, and can become light, life. Today when we celebrate the fulfillment of the Resurrection in man the Lord has given us everything now we need. He lived on the earth and showed us the way of life that is perfect; the way of life that leads to eternal life, to true happiness, no other kind of happiness is possible. Only by following the will of God can we truly be happy. He showed us this. He showed us the way to live, of having priorities, to follow the commandments. But showing this would not do us any good, unless He also made us capable of doing what He shows us, because we were not capable of following His examples; we are strangers and aliens as the apostle said, far from God, unable to follow the commandments, not completely, not so that we could have rivers of living water in our belly springing out; not so that we could be completely perfected, have nothing ever that is corruptible in us. So He died, and resurrected Himself so that our bodies can be resurrected, can defeat corruption. But even this is not enough. How many people live in the Resurrection? We still see sin, suffering, unbelief, sadness in the world. The Resurrection is for all men, but not all men are able to apprehend it, to clasp it to their bosom. We need a Comforter, a Guide, a Helper; that is the Holy Spirit. He is given so that we can live in the Resurrection; so we can apply the lessons the Lord has given us – and continues to give us on a moment by moment basis – of how to live, how to think, how to be, how to feel. All these lessons can be applied because the Comforter tells us in groaning that can not be uttered. Most of what the Holy Spirit does for us we do not see, or feel, or even know, but he does enlighten, and He does change, and He does make alive, Without the Holy Spirit, the Resurrection would only be a painting on the wall inaccessible to us, beautiful to be sure, but not something that belongs to us. The Holy Spirit makes it belong to us, because we can be changed. We do not have to live with in corruption.

*Written by Metropolitan H.G. Dr. Geevarghese Mar Yulios*



## **Apostle John**

The holy, glorious and all-laudable Apostle and Evangelist John (also John the Theologian or John the Divine) was one of the original twelve Apostles, and wrote the Gospel bearing his name; three canonical letters: I John, II John, and III John; and the Book of Revelation. His primary feast day is celebrated on May 8, that of the twelve apostles on June 30, and his repose on September 26. His symbol is the eagle. St. John was the son of Salome the myrrh-bearer and Zebedee, a fisherman. His brother was St. James, another apostle. In his own Gospel account, he refers to himself as "the disciple whom Jesus loved" rather than use his name. He was the youngest of the twelve apostles, and especially close to the Lord. This closeness is often portrayed in icons of the mystical supper, where

St. John leans on Jesus. He was present for the Transfiguration of Christ with Peter and his brother James. St. John was exiled to the island of Patmos by Emperor Domitian around 90-95 A.D., and it was there that he received and wrote the Book of Revelation. "Account of the miracle that occurred at his grave: When over 100 years old, St. John took seven disciples outside of Ephesus and had them dig a grave in the shape of a cross. St. John then went into the grave, and the disciples buried him there, alive. Later on, when his grave was opened, St. John's body was not there. 'On May 8 of each year, dust rises up from his grave, by which the sick are healed of various diseases.' "



### ബസോലിയോസ് മാർത്തോമ്മാ പൗലോസ് പ്രഥമൻ കാതോലിക്ക ബാവ

മലങ്കരയുടെ പ്രഥമ കാതോലിക്ക ആയ ബസോലിയോസ് മാർത്തോമ്മാ പൗലോസ് പ്രഥമൻ കാതോലിക്ക ബാവ 1836 ജനുവരി 17 ന് പ്രശസ്തവും അതിപുരാതനവുമായ പകലോ മറ്റും കുടുംബത്തിന്റെ ശാഖയായ മുറി മറ്റും കുടുംബത്തിൽ കുറുന്റെയും മറിയം മമ്മയുടെയും മകനായി ജനിച്ചു.

1852 ൽ 16 ാം വയസ്സിൽ വൈദിക സ്ഥാനവും തുടർന്ന് 1877 ൽ 41 ാം വയസ്സിൽ മാർ ഈവാനിയോസ് എന്ന നാമത്തിൽ മേൽപ്പട്ടസ്ഥാനത്തേക്കും ഉയർത്തപ്പെട്ടു.

1912 സെപ്റ്റംബർ 15 ാം തീയതി നിരണം പള്ളിയിൽ വച്ച് അബ്ദുള്ള മശിഹാ രണ്ടാമൻ പാത്രിയർക്കീസിനാൽ മലങ്കര സഭയുടെ പ്രഥമ കാതോലിക്കാ ബാവ സ്ഥാനത്തേക്ക് തിരഞ്ഞെടുക്കപ്പെട്ടു. ദീർഘദർശിയായിരുന്ന തിരുമേനി ധാരാളം വിദ്യാഭ്യാസ സ്ഥാപനങ്ങൾ സ്ഥാപിക്കുന്നതിലും ആരാധനാ ക്രമങ്ങൾ ചിട്ടപ്പെടുത്തുന്നതിലും, പള്ളികളിൽ സൺഡേസ്കൂൾ തുടങ്ങുന്നതിനും, മലങ്കര സുവിശേഷ സംഘം സ്ഥാപിക്കുന്നതിനും, സഭാമക്കൾക്കു വേണ്ടി അനേകം പള്ളികൾ സ്ഥാപിക്കുന്നതിനും ആ വന്ദ്യപിതാവിന് സാധിച്ചു.

വർണ്ണനകൾക്കതീതമായ പ്രവർത്തനങ്ങൾ മലങ്കര സഭയ്ക്കു കാഴ്ചവച്ച ആ മഹാ താപസശ്രേഷ്ഠൻ 1913 മെയ് മാസം 3 ാം തീയതി കാലം ചെയ്തു. കോട്ടയം ഓർത്തഡോക്സ് പഴയ സെമിനാരിയിൽ കബറടക്കം ചെയ്തു.

### ബസോലിയോസ് മാർത്തോമ്മാ ദിദിമോസ് പ്രഥമൻ

മലങ്കര ഓർത്തഡോക്സ് സഭയുടെ അഭിമാനമായിരുന്ന ബസോലിയോസ് മാർത്തോമ്മാ ദിദിമോസ് പ്രഥമൻ 1921 ഒക്ടോബർ 29 ാം തീയതി ഇട്ടിയവര തോമസിന്റെയും ശോശാമ്മയുടെയും മകനായി മാവേലിക്കരയിൽ ജനിച്ചു.

1950 ൽ വൈദിക സ്ഥാനത്തേക്കും തുടർന്ന് 1966 ൽ മേൽപ്പട്ട സ്ഥാനത്തേക്കും ഉയർത്തപ്പെട്ടു. തോമസ് മാർ തിമോത്തിയോസ് എന്ന നാമധേയത്തിൽ മലബാർ ഭദ്രാസനത്തിന്റെ മെത്രാപ്പോലിത്ത ആയിരുന്ന ഇദ്ദേഹത്തെ 1992 സെപ്റ്റംബർ 10 ാം തീയതി കൂടിയ മലങ്കര സുറിയാനി ക്രിസ്ത്യൻ അസോസിയേഷൻ ബസോലിയോസ് മാർത്തോമ്മാ മാത്യൂസ് ദിതീയന്റെ പിൻഗാമിയായി നിയുക്ത കാതോലിക്കോസ് സ്ഥാനത്തേക്ക് തിരഞ്ഞെടുത്തു. 2005 ഒക്ടോബർ 31 ാം തീയതി ബസോലിയോസ് മാർത്തോമ്മാ ദിദിമോസ് പ്രഥമൻ എന്ന പേരിൽ പരുമല സെമിനാരിയിൽ വച്ച് പൗരസ്ത്യ കാതോലിക്കോസും മലങ്കര മെത്രാപ്പോലിത്തയായി അവരോധിക്കപ്പെട്ടു.

വനിതകൾക്കു പൊതുയോഗങ്ങളിൽ സംബന്ധിക്കുവാൻ അനുവാദം നൽകിയതും മെത്രാൻ തിരഞ്ഞെടുപ്പിനു മാനദണ്ഡവും പെരുമാറ്റച്ചട്ടവും ഏർപ്പെടുത്തിയതും ഇദ്ദേഹമാണ്. വാർധക്യ സഹജമായ കാരണങ്ങളാൽ സ്ഥാനം ഒഴിഞ്ഞ ഇദ്ദേഹം നിയുക്ത കാതോലിക്ക ആയിരുന്ന പൗലോസ് മാർ മിലിത്തിയോസിനെ 2010 നവംബർ 1 ാം തീയതി പുതിയ കാതോലിക്ക ആയി വാഴിച്ചു. വലിയ ബാവ എന്ന് സഭ ആദരവോടെ വിളിച്ചിരുന്ന വന്ദ്യപിതാവ് 2014 മെയ് 26 ന് കാലം ചെയ്തു. ●



# മെയ്-പ്രധാന ദിവസങ്ങൾ

1. സെബദി പുത്രനായ മാർ യാക്കോബ് ശ്ലീഹായുടെ ഓർമ്മ, മെയ് ദിനം.
  3. പ. ബസേലിയോസ് പൗലോസ് പ്രഥമൻ കാതോലിക്കാബാവായുടെ 105-ാം ഓർമ്മ (പാമ്പാക്കൂട ചെറിയ പള്ളി).
  6. പുതു ഞായറാഴ്ചയ്ക്കു ശേഷം 4-ാം ഞായറാഴ്ച.
  8. ഏവൻഗേലിസ്ഥനായ മാർ യോഹന്നാൻ ശ്ലീഹായുടെ ഓർമ്മ.
- 10-19 കാത്തിരിപ്പിന്റെ ദിനങ്ങൾ.
10. കർത്താവിന്റെ സ്വർഗ്ഗാരോഹണപ്പെരുന്നാൾ.
  10. വൈരാഗ്യക്കാരനായ മാർ ശെമവൂൻ ശ്ലീഹായുടെ ഓർമ്മ.
  10. അഞ്ചാം മാർത്തോമ്മായുടെ 253-ാം ഓർമ്മ (നിരണം വലിയപള്ളി).
  12. ലോക നേഴ്സ് ദിനം.
  13. പുതു ഞായറാഴ്ചയ്ക്കു ശേഷം 5-ാം ഞായറാഴ്ച.
  15. കതിരുകൾക്കുവേണ്ടി വി. ദൈവമാതാവിന്റെ പെരുന്നാൾ. മാർ ഇസഹാക്കിന്റെ ഓർമ്മ.
  16. യൂഹാനോൻ മാർ സേവേറിയസ് മെത്രപ്പോലീത്തായുടെ 28-ാം ഓർമ്മ (കൊരട്ടി സീയോൺ സെമിനാരി).
  19. മാർ ദിവന്നാസ്യോസ് III (പുന്നത്ര) മെത്രാപ്പോലീത്തായുടെ 193-ാം ഓർമ്മ (കൊരട്ടി സീയോൺ സെമിനാരി).
  20. പെന്തക്കോസ്തി. താപസന്മാരിൽ പ്രധാനിയായ മാർ അഹറോന്റെ ഓർമ്മ. നാല് ഏവൻഗേലിസ്ഥന്മാരുടെയും മൂന്നു പൊതുസുന്നഹദോസുകളിലെ പിതാക്കന്മാരുടെയും ഓർമ്മ.
  25. സ്വർണ്ണ വെള്ളി.
  26. പ. ബസേലിയോസ് മാർത്തോമ്മാ ദിദിമോസ് പ്രഥമൻ കാതോലിക്കാ ബാവായുടെ 4-ാം ഓർമ്മ. (പത്തനാപുരം മൗണ്ട് താബോർ ദയറ).
  27. പെന്തക്കോസ്തിക്കു ശേഷം 1-ാം ഞായറാഴ്ച.





# Art of Nursing



*Hands that turn caring into action*

*Touch that turns compassion into comfort*

*Smiles that turn love into healing*



## Happy Nurses Day



### NEW MEMBERS JOINED IN APRIL 2018

NAME	Cardex #	Area	Contact
Ajith Mathew	A450	Muhaisna/Lulu Village	052 7334339
Andrew Johny Kattakayam Paily	A451	Sharjah, Al Nahda	055 8087858
Bipin Varghese	B414	Bur Dubai	055 4366780
Biju Varghese	B415	Satwa, Dubai	050 3757596
Jacob Zachariah	J763	Satwa, Dubai	056 1163000
Jacob Mathew Valayil	J765	Muhaisna/Lulu Village	054 4085414
Liju Philipose	L103	Naif Road, Deira	055 1021096
Manu Thampi	M422	Muhaisna/Lulu Village	058 8958092
Sween Rajen	S717	Al Karama	050 7705729
Sibi John Sam	S718	Naif Road, Deira	055 8668515
Subin John	S719	Naif Road, Deira	055 1291200
Shiju Rajen	S721	Karama	056 6734878
Sunil George	S723	Bur Dubai	055 6259076
Thomas Daniel	T331	Muhaisna/Lulu Village	055 1709290
Tijo Cheriyan Iype	T332	Karama	056 2982622



# Triv?d

## Mothers in the Bible

### Mother and Child Match

Read the scriptures below. Put the correct letter next to the mother.

1. ----- Eve
2. ----- Sarah
3. ----- Rebekah
4. ----- Zipporah
5. ----- Ruth
6. ----- Bathsheba
7. ----- Naomi
8. ----- Hannah
9. ----- Elizabeth
10. ----- Mary
11. ----- Eunice
12. ----- Salome

- A. Solomon (2 Sam 12:24)
- B. Mahlon & Chilion (Ruth 1:2)
- C. Samuel (1 Sam 1:20)
- D. John the Baptist (Luke 1:57)
- E. Isaac (Gen 17:19)
- F. Timothy (2 Tim 1)
- G. Obed (Ruth 4:16-17)
- H. Abel (Gen 4: 1-2)
- I. Yeshua (Mat 1:16)
- J. Gershom (Ex 2:21-22)
- K. Jacob (Gen 25:28)
- L. James and John

### HOLY SERVICES, PRAYERS & MEETINGS

<b>Fridays</b>	<b>: 06.30 am - 08.15 am</b>	<b>Night Prayer, Morning Prayer</b>
	<b>: 08.15 am - 10.00 am</b>	<b>Holy Qurbana</b>
<b>Fridays</b>	<b>: 06.30 pm - 07.00 pm</b>	<b>Evening Prayer</b>
	<b>: 07.00 pm - 09.00 pm</b>	<b>Holy Qurbana</b>
<b>Sundays</b>	<b>: 07.00 pm - 07.30 pm</b>	<b>Evening Prayer</b>
	<b>: 07.30 pm - 09.15 pm</b>	<b>Holy Qurbana</b>
<b>Tuesdays</b>	<b>: 05.15 am - 05.45 am</b>	<b>Morning Prayer</b>
	<b>: 05.45 am - 07.00 am</b>	<b>Holy Qurbana</b>
<b>Wednesdays</b>	<b>: 07.30 pm - 08.30 pm</b>	<b>Evening Prayer &amp; Intercessory Prayer for St. Mary</b>
<b>Saturday, Monday, Tuesday</b>	<b>: 07.00 pm - 07.30 pm</b>	<b>Evening Prayer</b>
<b>Thursdays</b>	<b>: 07.00 pm - 09.15 pm</b>	<b>Holy Confesion, Evening Prayer</b>
		<b>Intercessory prayer to St. Thomas</b>
		<b>Church Prayer Meeting &amp; Choir Practice</b>
<b>Fasting Prayer</b>	<b>: 09.00 am - 12.30 pm</b>	<b>Every Month Second Wednesdays</b>



## **ST. THOMAS ORTHODOX CHRISTIAN YOUTH MOVEMENT**

04/05/2018 at 10.30 am Blood Donation Camp.

11/05/2018 at 10.30 am Regular Meeting in OCYM Hall at 1.30 pm Theshubuhatho (Suriyan & Malayalam Aradanageetha Matsaram)

17/05/2018 at 6.30 pm Kathirippudhyanam.

18/05/2018 at 10.30 am Regular Meeting in OCYM Hall

25/05/2018 at 10.30 am Regular Meeting in OCYM Hall

Contact: 050 6856531, E-mail: [ocymdubai@gmail.com](mailto:ocymdubai@gmail.com), Website: [www.stthomasocymdubai.org](http://www.stthomasocymdubai.org)

---

## **JOB CELL**

Active job seekers and job providers forum. Providing orientation for job seekers. Ensuring appropriate candidates for job providers. Contact: 050 9385982, E-mail: [jobcellocymdubai@gmail.com](mailto:jobcellocymdubai@gmail.com)

---

## **ENTE MALAYALAM (MALAYALAM CLASS)**

Malayalam Education Forum enabling interested adults and children to learn basics of Malayalam Language. Classes on every Saturday 4.30 pm to 6.30 pm. Contact: 050 9385982, E-mail: [ocymdubai@gmail.com](mailto:ocymdubai@gmail.com)

---

## **LIBRARY**

Library opens every Friday after the Holy Qurbana.

Collection of more than 10,000 of books including children's books. Contact: 052 8395577, E-mail: [ocymdxblibrary@gmail.com](mailto:ocymdxblibrary@gmail.com)

---

## **DIVYABODHANAM**

Classes for Bible Study, Church History, Fundamentals of Malankara Orthodox Church. Every Monday 8 pm to 9.30 pm. Contact: 055 3525278, E-mail: [ocymdubai@gmail.com](mailto:ocymdubai@gmail.com)

---

## **MGOCSM**

04/05/2018 Regular Meeting @10:30am. 11/05/2018 Regular Meeting@10:30am

18/05/2018 Regular Meeting @10:30am. 25/05/2018 Regular Meeting @10:30am

\*Summer Camps expected to start by last week of May. Dates will be announced later\*

---

## **MOMS**

04/05/2018 Regular Meeting @10:30am, Area wise Quiz Programme,

11/05/2018 Regular Meeting@10:30am, Essay writing competition,

18/05/2018 Regular Meeting @10:30am, Group Songs & Extemp Speech Competition

25/05/2018 Regular Meeting @10:30am, Vanitha Seminar

---

## **SUNDAY SCHOOL**

04/05/2018 Regular Classes @10:30am

11/05/2018 Regular Classes @10:30am

18/05/2018 Regular Classes @10:30am

25/05/2018 Regular Classes @10:30am & Half Yearly Exam.

---

## AREA PRAYER MEETING SCHEDULE FOR THE MONTH OF MAY 2018

DAY & DATE	WEEK	AREA	NAME	CARDEX	ADDRESS
05/05/2018 SATURDAY	FIRST	HOR AL ANZ	MR. THOMAS P.J. (ROY)	T129	FLAT # 206, SAFEER SUPER MARKET, H.H SHEIK AHMED BIN RASHID AL MAKTOM BLDG., BLDG #65 AL MAKTOM ROAD, NEAR ETISALAT MAIN OFFICE DEIRA, MOB: 050 5342212, 04 2981340
05/05/2018 SATURDAY	FIRST	AL SHAAB	MR. PHILIP P.J (ROY)	P55	FLAT #215, AL YASMINBLDG. AL SHAAB MOB: 056 5456788
07/05/2018 MONDAY	FIRST	AL QUSAIS	MR. E.JISH ELIAS & MR. MANOJ K.C	E42 & M360	VILLA #10, STREET #7, AL TAWR, AL QUASIS CONTACT: 055 8833163, 050 8822696
07/05/2018 MONDAY	FIRST	KARAMA	DR. KURIAN P. THOMAS VAIDYAN	K150	FLAT # 201, AL NASER PLAZA RESIDENCE, OUD METHA NEAR OUD METHA METRO STATION MOB: 050 2536148
12/05/2018 SATURDAY	SECOND	AL QUOZ/JEBEL ALI	MR. AJU RAJAN	A330	CHURCH HALL MOB: 055 8990481 / 050 5470018
12/05/2018 SATURDAY	SECOND	BUR DUBAI	MR. JINTO HANLEY	J678	FLAT #104, AL WATAN BLDG, BUR DUBAI MOB: 056 2259244 / 056 6832476
14/05/2018 MONDAY	SECOND	AL NAHDA-DUBAI	MR. JACOB G THAYYIL	J499	FLAT #803, BLDG.# B573, BEHIND ZULEKHA HOSPITAL, MOB: 050 5380977
19/05/2018 SATURDAY	THIRD	SHARJAH / OTHER EMIRATES	MR. JOHN JACOB	J588	CHURCH HALL MOB: 055 2136258
19/05/2018 SATURDAY	THIRD	YOUSUF BAKER- FRIGE NYRAR-NAIF ROAD	MR. SAIBU JOSEPH	S543	BLDG.#1, G2, OPP: A; SHAMS SUPER MARKET AL BARAHA, DEIRA, MOB: 050 4760979
21/05/2018 MONDAY	THIRD	AL QUSAIS	MR. LIBI MATHEW	L34	NO.5, R& K BLDG., APT# 207, 2ND FLOOR OPP: AL NAHDA METRO STATION, NEAR AL BUSTAN CENTER, AL QUSAIS MOB: 050 6562234
21/05/2018 MONDAY	THIRD	KARAMA	MR. KOSHY SAMUEL		CHURCH HALL MOB: 050 7552817
21/05/2018 MONDAY	THIRD	MUHAISANA/ RASHIDIYA/ LULU VILLAGE	MR. CHERIAN THOMAS	C101	VILLA #73, NEAR RASHIDIYA METRO STATION RASHIDIYA PARK, MOB: 050 4557678, 04 2851662
26/05/2018 SATURDAY	FORTH	SATWA	MR. MANOJ RAJAN	M251	FLAT #604, BEHIND MOVE & PICK HOTEL OPP: AMERICAL HOSPITAL - OUD METHA MOB: 050 5597400
26/05/2018 SATURDAY	FORTH	AL NAHDA SHARJAH	MR. JOMON KURUVILLA	J604	CHURCH HALL MOB: 050 2340590
28/05/2018 MONDAY	FORTH	MUHAISANA / LULUVILLAGE	MR. MANOJ MATHEW	M308	FLAT # 112, BLDG. R438, LULU VILLAGE MOB: 055 1016496, 04 2541381

**SONAPUR PRAYER MEETING - EVERY FRIDAY EVENING AT EVERHOT CAMP @ 17:00 - 19:00 HRS**

### CHURCH OFFICE BEARERS - 2018

Rev. Fr. Ninan Philip	Vicar & President	058 2647826	frnpp7@yahoo.co.in
Rev. Fr. Saju Thomas	Asst. Vicar	050 3134117	frsajuthomas@gmail.com
Cherian C Thomas (Santhosh)	Hon. Trustee	050 6448863	cherianthomas.c@gmail.com
Babu Varghese (Sabu)	Hon. Secretary	050 4599240	jenera2002@gmail.com
Joseph Iype	Hon. Jt. Trustee	050 6578126	josephiype@gmail.com
Babu Manathra Kuruvilla	Hon. Jt. Secretary	050 7787152	bmanathra@yahoo.com